

Flourish with Carya



Elder Friendly Facilitator

Since 1910, Carya has been responding to the evolving social needs of the Calgary community.

Today, Carya impacts the lives of thousands of Calgarians through a range of comprehensive, barrier-free programs and services that enhance mental well-being, strengthen families, improve living conditions, and create meaningful social connections. We walk alongside our community, nurturing the unique strengths, abilities, and talents that individuals, families, and communities already possess to overcome adversity and build strong foundations for their futures.

ABOUT THE ROLE

Primary Location: Village Commons, 610 8 Ave SE

Secondary Location: Bowmont Commons, 5000 Bowness Rd NW and Community

Wage: \$29.20 /hr

Hourly: 5 - 10 hours per week

As a member of the Multigenerational Wellness team at Carya, the **Elder Friendly Facilitator** is responsible for developing, facilitating, and evaluating meaningful opportunities that enhance social connections for older adults, reduce social isolation, and create sustainable, elder-friendly communities in Calgary. This role involves community engagement, outreach, program coordination, and strong facilitation skills to ensure that older adults have opportunities to participate in meaningful activities, build their capacity, experience improved social and emotional well-being.

WHO YOU ARE

- You build trust through meaningful relationships and thrive in spaces where people feel seen, supported, and welcome.
- You bring curiosity, empathy, and a strengths-based lens to every interaction—with older adults, and colleagues.
- You are creative and adaptable, able to hold space for both structure and spontaneity in ever-evolving environments.

WHAT YOU WILL DO

Program Development and Delivery

- Design and implement evidence-based, inclusive social programs that foster connection, reduce isolation, and support healthy aging.
- Develop group curriculum using adult learning principles and best practices tailored to community needs.
- Apply approaches like peer support, social prescribing, motivational interviewing, trauma-informed care, and social-emotional learning to promote well-being.
- Present information clearly to encourage participation and dialogue.

Relationship Building and Community Engagement

- Build strong relationships with participants through group facilitation, one-on-one support, and community engagement.
- Foster trust and confidence by creating welcoming environments, hosting purposeful activities, and responding to community needs.
- Establish and maintain connections with participants, community partners, and colleagues.
- Apply strength-based approaches, focusing on participants' abilities and potential.



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Collaboration, Support, and Adaptability

- Collaborate effectively and respectfully with diverse team members to achieve shared goals.
- Address developmental and relational needs by nurturing confidence and providing relevant resources.
- Provide crisis intervention and support, including risk assessments and safety planning.
- Demonstrate creativity, adaptability, and resilience in evolving or ambiguous environments.

This task list is not intended to be exhaustive, and other tasks may be identified from time to time.

WHAT YOU BRING

- **Bachelor's degree in Social Work, Community Development, Adult Education or related field is required.**
- **Minimum of 2–3 years of experience is required.**
- Skilled in group facilitation, group management, coordinating complex schedules, and fostering a collaborative environment.
- Experienced, enthusiastic, and passionate about aging populations with a strength-based, participant-centered approach.
- Strong team orientation with exceptional communication, and interpersonal skills, able to connect with diverse individuals and accommodate varying needs and learning styles.
- Build trust through strong relationships, welcoming environments, and responsiveness to community needs.
- Skilled in managing group dynamics, including conflict resolution and fostering cohesion.
- Have extensive experience with seniors, knowledge of aging, impacts of social isolation, wellness, transitioning to seniorhood, life stage changes, grief, and loss.
- Proficient in maintaining detailed and accurate records of group activities, attendance, and outcomes.
- Respect diverse viewpoints and values shaped by different societal and cultural contexts and be sensitive to individuals with cognitive or age-related health and mental health needs.
- Demonstrate flexibility in work location and schedule, while remaining open to insights from those outside your immediate team (one evening group per semester may be required).
- Completion of Natural Supports Framework training is an asset.
- Certification with the Alberta Family Wellness Initiative's Core Brain Story is an asset.

WHY JOIN TEAM CARYA

When you join team Carya, you join over 100 passionate professionals who exemplify our values of *Respect, Kindness, Creativity, Collaboration, Belonging, Wellness*. Our employees are the heart of our organization and work collaboratively to meet the unique and evolving needs of over 40,000 Calgarians.

At Carya, we take care of our people and proudly provide our employees with:

- A supportive and flexible work environment that includes professional development opportunities.
- Recognition that people are a combination of many intersecting identities; we work to cultivate an environment that welcomes the whole person and harnesses the strength that is available in our diversity, creating a rich and inclusive workplace.

CLOSING DATE

Until a suitable candidate is found.

We thank all those who expressed their interest, however only those selected for an interview will be contacted.



800-1000 7 Avenue S.W., Calgary, AB, T2P 5L5
CaryaCalgary.ca

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Equal Employment Opportunities, Requesting an Accommodation, and Other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal-opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact People & Culture by email at HR@caryacalgary.ca in advance of your interview.

The successful candidate must satisfactorily complete a Police Information Check with Vulnerable Sector Search.

Carya – Nurturing the Potential in Every Calgarian

