



Navigate Complexities. Create Change. Together. This is our purpose at CUPS. Our unique integrated approach to care empowers people to work holistically to create and achieve goals that support their well-being and builds readiness to navigate and access support in the community. As a formative presence, we work together to build better systems and a stronger community.

Clients depend on us, supporters trust us, and partners count on our collaboration. We do not take this responsibility lightly – we are accountable for our words, our actions, our relationships, and most importantly, ourselves. Through a compassionate lens, we afford every person dignity in their interactions with us. We proactively seek opportunities for continuous learning with open minds and transformative spirits. Through our culture, rooted in our values, we will achieve our purpose and ambition.

JOB TITLE: Family/Play Therapist

LOCATION: Onsite, CUPS - 1001 10 Ave SW, Calgary,

REPORTS TO: Manager, Family and Child Development Centre

SCHEDULE: Full-time, Mon to Fri, 8:00 am-4:00pm

CONTRACT TYPE: Permanent

STARTING SALARY: \$68,330 - \$71,938

Family/Play Therapist

Make a Difference in the Lives of Children and Families

Your Impact

CUPS **Family/Play Therapist** is responsible for providing play therapy interventions for CUPS child clients and children referred to through the Calgary City Centre Family Resource Network. As a Family/Play Therapist, you will provide trauma-informed therapeutic interventions to children aged 3-12, supporting their emotional, social, and developmental well-being. Working closely with caregivers, internal teams, and external partners, you will help create a safe space for children to express themselves through play and develop coping strategies for life's challenges.

CUPS Family/Play Therapist works as part of the Family and Child Development Centre (FCDC) multi-disciplinary team. FCDC supports and delivers holistic care plans for each child to enhance psycho-emotional, educational and social success. As part of a multidisciplinary team, the CUPS Family/Play Therapist will case consult and collaborate with FCDC team members, and CUPS colleagues across the agency. They will also engage with the child's care givers to assist in building effective and timely wrap around supports.

CUPS values collaboration and continuous learning. Therefore, we welcome applicants who are not yet qualified or registered Play Therapists. Those who are not yet certified or registered are welcome to apply and would be supported by CUPS in pursuing Play Therapy training, if selected.



Key Responsibilities

- **Lead Therapeutic Support:** Conduct assessments, develop individualized treatment plans, and provide play therapy interventions within a 24-session model.
- **Collaborate for Success:** Work as part of CUPS' multidisciplinary team to ensure wraparound supports for children and families, including warm referrals to internal and external services.
- **Empower Caregivers:** Educate and guide parents/guardians throughout their child's therapy journey, ensuring a collaborative and supportive approach.
- **Create Safe Spaces:** Establish an environment where children can explore and heal through play in a trauma-informed setting.
- **Champion Integrated Care:** Participate in case consultations, team meetings, and cross-departmental collaboration to enhance CUPS' holistic approach to care.

Qualifications & Skills

- **Master's Degree in counselling or a related professional field that meets the CCPA's certification criteria, with three years experience in Mental Health Counselling and currently registered, in good standing, with a Professional Regulatory Body**
- **2-3 years' experience** working with children aged 3-12
- Exemplary knowledge of **child development, brain science, and trauma-informed care**
- Experience supporting families who have experienced trauma and navigating systemic barriers
- Demonstrated ability to **coach, problem-solve, and collaborate across teams**
- Strong computer literacy and documentation skills
- Outstanding record on the protection of all matters of confidentiality
- **Certified Play Therapist (CPT) or Registered Play Therapist (RPT) status is desired, but not essential**

Why Join CUPS?

- **Meaningful Work:** Make a real difference in the lives of children and families.
- **Collaborative Environment:** Be part of a passionate, interdisciplinary team dedicated to holistic care.
- **Professional Growth:** Work in a setting that encourages learning, innovation, and continuous improvement.



Employment Requirements

- Criminal Record and Child Intervention Check
- If clinical supervision is required, it must be secured externally

Work Environment

- Combination of individual and team based work
- Times of extended hours of sitting
- Exposure to escalated guests, traumatic incidents and vicarious trauma

If you're ready to use your experience to **create change** and **empower families**, we'd love to hear from you!

👉 **Apply today** with your resume and a cover letter or brief description of your interest in CUPS. Only those selected for an interview will be contacted.