Flourish with Carya

Family Counsellor

ABOUT THE ROLE

Location: Central Commons, 800-1000 7 Ave SW

Part Time Regular: 30 hours per week **Salary:** $48,000 - $61,600

As part of Carya's Counselling Services team, this role provides client-directed counselling to children, youth, caregivers, and families, grounded in their community context. Counsellors also contribute to community engagement and development in alignment with Carya's mission. This position focuses on family systems interventions using the **Functional Family Therapy (FFT and FFT-CW) model**. It requires flexibility, comfort working in community settings, and a commitment to evidence-based practice. The role involves close collaboration with community partners, including Family Resource Networks (FRNs), to support coordinated, relationship-focused service delivery.

Carya provides comprehensive training in Functional Family Therapy. The successful candidate is required to commit to a two-year term.

WHO YOU ARE

- You are empathetic and engaging, naturally building trust with children and families while creating a safe space for growth and connection.
- You believe in the power of relationships and are motivated to help families strengthen bonds, build skills, and create lasting change.
- You are collaborative and committed to learning, working closely with others and continuously developing your practice to better support families.

WHAT YOU WILL DO

Counselling and Therapeutic Support

- Provide counselling to families with children and youth aged 0–18 in their homes, in the community, virtually, and onsite at Carya.
- Use the Functional Family Therapy (FFT and FFT-CW) models to strengthen family relationships, build skills, and support meaningful change.
- Build trusting therapeutic relationships using strengths-based, trauma-informed, and culturally responsive approaches.

Case Management and Ethical Practice

- Manage an active caseload, including clinical assessments, treatment planning, interventions, documentation, and case closure.
- Maintain accurate, timely, and confidential client records in accordance with professional and organizational standards.
- Exercise sound clinical judgment, maintain professional boundaries, and respond appropriately to child safety and protection concerns.
- Deliver evidence-informed counselling while maintaining adherence to FFT model requirements and clinical standards.

Collaboration and Professional Development

- Work collaboratively with colleagues, families, Family Resource Networks, and community partners to coordinate appropriate supports and services.
- Participate in clinical supervision, training, and reflective practice to strengthen clinical skills and maintain service quality.

- Contribute to community engagement activities that strengthen connections, improve access to supports, and promote family wellbeing.

WHAT YOU BRING

- **A master's degree (MSW, MA, M.Ed., MSc, MC) in psychology, social work or related discipline.**
- **Membership in good standing with relevant regulatory body.**
- **Alberta Family Wellness Initiative's Core Brain Story.**
- Training or experience in family systems, developmental, or group-dynamic approaches, with experience working with children, youth, and families in a counselling setting.
- Experience or training in attachment-based approaches is an asset.
- Skillful use of therapeutic modalities and clinical supervision, as well as the ability to collaborate with other professionals to enhance natural and professional supports is essential.
- Strong attention to detail with the ability to act with discretion and confidentiality is expected.
- Effective presentation and facilitation skills, along with effective communication and interpersonal skills.
- A positive attitude, coupled with the ability to balance a dedication to quality service is essential.
- Exceptional team orientation and collaboration skills.
- Excellent oral and written communication skills.
- Completion of Natural Supports Framework is an asset.
- Proficiency in Microsoft 365 with a focus on SharePoint, Word, Teams, and Outlook.
- Proficiency, or at the very least, familiarity with case management software, such as Jane.
- Ability to effectively manage and prioritize your emails and calendar.
- Valid driver's license, vehicle, and insurance are required.

The successful candidate must provide a satisfactory Police Information Check with Vulnerable Sector Search (PICVSS) and a Child Intervention Record Check (IRC).

- A PICVSS and/or IRC completed within the last 3 months will be accepted.
- A PICVSS and/or IRC completed more than 3 months ago will need to be renewed, even if it was completed within the last 3 years.

WHY JOIN TEAM CARYA

Be part of a community of over 100 passionate professionals who live our values of Respect, Kindness, Creativity, Collaboration, Belonging, and Wellness. Together, we make a difference in the lives of more than 40,000 Calgarians every year.

At Carya, we offer:

- **Exceptional work–life balance.** We empower our team to thrive by valuing rest and renewal. Enjoy ample time off, including three (3) weeks paid vacation pro-rated to start date, personal days, and office closure days, so you can bring your best self to work and beyond.
- **Comprehensive benefits.** We invest in your wellbeing and future. You have the opportunity to enrol in employer-paid extended health coverage, including an annual health spending account, after three (3) months, as well as co-pay dental and an RRSP matching program after six (6) months. This support helps employees stay healthy, focused, and confident.
- **Flexibility and support.** We prioritize the growth and development of our team. Our collaborative environment encourages learning, skill-building, and taking initiative, empowering you to make a meaningful impact every day.
- **A culture of belonging.** We value your unique strengths and perspectives. By celebrating diversity and fostering inclusion, we create a workplace where everyone can contribute fully and feel empowered to succeed.

CLOSING DATE

Until a suitable candidate is found.

HOW TO APPLY

Please apply through our online recruitment platform at **www.caryacalgary.ca**. Create an account to upload your resume and cover letter (PDF preferred). Please note that applications submitted without a cover letter will not be considered. We appreciate all expressions of interest, however only candidates selected for an interview will be contacted.

Equal Employment Opportunities, Requesting an Accommodation, and Other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal-opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact People & Culture by email at HR (at) caryacalgary.ca in advance of your interview.