

Flourish with Carya



Community Wellness Facilitator

ABOUT THE ROLE

Location: Village Commons, 610 8 Avenue SE, Calgary

Full Time Regular: 37.5 hours per week **Salary:** \$49,500 - \$62,500

The **Community Wellness Facilitator** is a key member of Carya's Multigenerational Wellness team, planning and facilitating accessible community-based programs at Village Commons in East Village. This role creates inclusive, creative, and responsive opportunities that support participation, connection, well-being, and belonging across generations.

The facilitator develops a seasonal program calendar that reflects community interests and emerging needs, while building relationships with current and prospective participants. Evening and weekend work is required and may vary seasonally.

WHO YOU ARE

- You are an empathetic and inclusive facilitator who creates welcoming spaces where people feel valued, respected, and connected.
- You are collaborative, creative, and responsive, with the ability to adapt programming to reflect participant strengths, interests, and emerging community needs.
- You are organized, ethical, and committed to quality, confidentiality, and community well-being.

WHAT YOU WILL DO

Program Planning & Coordination

- Plan and deliver accessible arts-based, recreational, wellness, and personal development programs that support connection, participation, and belonging.
- Develop a seasonal program calendar that reflects participant interests, community needs, and Carya's Multigenerational Wellness priorities.
- Promote programs through outreach, engagement strategies, and community events.
- Complete required program documentation, evaluation, and reporting accurately and on time.

Facilitation & Engagement

- Create welcoming, inclusive, and culturally responsive group experiences for older adults, families, individuals, and intergenerational participants.
- Adapt programs and facilitation approaches to reduce barriers and meet diverse participant needs.
- Encourage participant voice, peer connection, natural supports, self-expression, and personal growth.
- Provide light-touch support, referrals, and resource navigation within role scope, escalating safety or risk concerns according to Carya procedures.

Relationships & Collaboration

- Build trusting relationships with participants, colleagues, and community partners to support meaningful engagement.
- Collaborate with internal teams and partners to deliver responsive, community-driven programming.
- Incorporate participant feedback and emerging community needs into future planning and facilitation.



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WHAT YOU BRING

- Bachelor's degree in a human services related field, or a combination of education and experience.
- Minimum of 2–3 years of experience working in human services, community programming, recreation, wellness, or a related field.
- Experience planning and facilitating arts-based, recreation, wellness, or community-based programs is considered an asset.
- Experience working with diverse populations, including older adults, families, individuals, and intergenerational groups.
- Demonstrated ability to use strengths-based, participant-centered, trauma-informed, and culturally responsive approaches.
- Strong facilitation, presentation, interpersonal, and oral/written communication skills.
- Collaborative, service-oriented approach with a commitment to quality, follow-through, and participant experience.
- Strong attention to detail, discretion, and ability to maintain confidentiality.
- Ability to plan, organize, and prioritize work independently while remaining responsive to changing participant and program needs.
- Ability to work with existing resources and within an established budget.
- Familiarity with the social impact or nonprofit sector is considered an asset.
- Completion of Natural Supports Framework training is considered an asset.
- Certification with the Alberta Family Wellness Initiative's Core Brain Story is considered an asset.
- Proficiency in Microsoft 365, including SharePoint, Word, Teams, Outlook, and basic Excel.
- Ability to effectively manage email, calendar, documentation, and program-related administrative tasks.
- Valid driver's license, vehicle, and insurance are required.

WHY JOIN TEAM CARYA

Be part of a community of over 100 passionate professionals who live our values of Respect, Kindness, Creativity, Collaboration, Belonging, and Wellness. Together, we make a difference in the lives of more than 40,000 Calgarians every year.

At Carya, we offer:

- **Exceptional work–life balance.** We empower our team to thrive by valuing rest and renewal. Enjoy ample time off, including three (3) weeks paid vacation pro-rated to start date, personal days, and office closure days, so you can bring your best self to work and beyond.
- **Comprehensive benefits.** We invest in your wellbeing and future. You have the opportunity to enrol in employer-paid extended health coverage, including an annual health spending account, after three (3) months, as well as co-pay dental and an RRSP matching program after six (6) months. This support helps employees stay healthy, focused, and confident.
- **Flexibility and support.** We prioritize the growth and development of our team. Our collaborative environment encourages learning, skill-building, and taking initiative, empowering you to make a meaningful impact every day.
- **A culture of belonging.** We value your unique strengths and perspectives. By celebrating diversity and fostering inclusion, we create a workplace where everyone can contribute fully and feel empowered to succeed.

CLOSING DATE

Until a suitable candidate is found.

HOW TO APPLY

Please apply through our online recruitment platform at www.caryacalgary.ca. Create an account to upload your resume and cover letter (PDF preferred). Please note that applications submitted without a cover letter



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will not be considered. We appreciate all expressions of interest, however only candidates selected for an interview will be contacted.

Equal Employment Opportunities, Requesting an Accommodation, and Other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal-opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact People & Culture by email at HR@caryacalgary.ca in advance of your interview.

The successful candidate must satisfactorily complete a Police Information Check with Vulnerable Sector Search. Carya will provide a digital voucher for the successful candidate within city limits or reimburse the cost for those living outside city limits.

