

Flourish with Carya



Facilitator – Elder Friendly Communities

ABOUT THE ROLE

Locations: Bowmont Commons, 5000 Bowness Rd NW and Village Commons, 610 8 Ave SE

Part Time Regular: 22.5 hours per week scheduled for Wednesday, Thursday & Friday

Salary: \$29,700 - \$37,500

As a member of Carya's Multigenerational Wellness team, the Elder Friendly Facilitator supports older adults to build social connections, reduce isolation, and feel a sense of belonging in their communities. Through facilitation, community engagement, and program coordination, this role creates meaningful opportunities for seniors to participate, build capacity, and support their social and emotional well-being. Programs are delivered in community settings, with schedules shaped by program needs and location.

WHO YOU ARE

- You are people-centred and relationship-focused, motivated by supporting older adults to feel connected, included, and valued in their communities.
- You are an adaptable, thoughtful facilitator who creates welcoming group spaces and responds well to diverse needs, perspectives, and levels of participation.
- You are collaborative and mission-driven, bringing empathy, reliability, and a strengths-based approach to your work with participants, colleagues, and community partners.

WHAT YOU WILL DO

Program Development and Delivery

- Design and implement evidence-based, inclusive social programs that foster connection, reduce isolation, and support healthy aging.
- Develop group curriculum using adult learning principles and best practices tailored to community needs.
- Apply approaches like peer support, social prescribing, motivational interviewing, trauma-informed care, and social-emotional learning to promote well-being.
- Present information clearly to encourage participation and dialogue.

Relationship Building and Community Engagement

- Build strong relationships with participants through group facilitation, one-on-one support, and community engagement.
- Foster trust and confidence by creating welcoming environments, hosting purposeful activities, and responding to community needs.
- Establish and maintain connections with participants, community partners, and colleagues.
- Apply strength-based approaches, focusing on participants' abilities and potential.

Collaboration, Support, and Adaptability

- Collaborate effectively and respectfully with diverse team members to achieve shared goals.
- Address developmental and relational needs by nurturing confidence and providing relevant resources.
- Provide crisis intervention and support, including risk assessments and safety planning.
- Demonstrate creativity, adaptability, and resilience in evolving or ambiguous environments.

This task list is not intended to be exhaustive, and other tasks may be identified from time to time.



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WHAT YOU BRING

- Bachelor's degree in Social Work, Community Development, Adult Education or related field is required.
- Minimum of 2–3 years of experience is required.
- Skilled in group facilitation, group management, coordinating complex schedules, and fostering a collaborative environment.
- Experienced, enthusiastic, and passionate about aging populations with a strength-based, participant-centered approach.
- Strong team orientation with exceptional communication, and interpersonal skills, able to connect with diverse individuals and accommodate varying needs and learning styles.
- Build trust through strong relationships, welcoming environments, and responsiveness to community needs.
- Skilled in managing group dynamics, including conflict resolution and fostering cohesion.
- Have extensive experience with seniors, knowledge of aging, impacts of social isolation, wellness, transitioning to seniorhood, life stage changes, grief, and loss.
- Proficient in maintaining detailed and accurate records of group activities, attendance, and outcomes.
- Respect diverse viewpoints and values shaped by different societal and cultural contexts and be sensitive to individuals with cognitive or age-related health and mental health needs.
- Demonstrate flexibility in work location and schedule, while remaining open to insights from those outside your immediate team (one evening group per semester may be required).
- Completion of Natural Supports Framework training is an asset.
- Certification with the Alberta Family Wellness Initiative's Core Brain Story is an asset.

WHY JOIN TEAM CARYA

Be part of a community of over 100 passionate professionals who live our values of Respect, Kindness, Creativity, Collaboration, Belonging, and Wellness. Together, we make a difference in the lives of more than 40,000 Calgarians every year.

At Carya, we offer:

- **Exceptional work–life balance.** We empower our team to thrive by valuing rest and renewal. Enjoy ample time off, including three (3) weeks paid vacation pro-rated to start date, personal days, and office closure days, so you can bring your best self to work and beyond.
- **Comprehensive benefits.** We invest in your wellbeing and future. You have the opportunity to enrol in employer-paid extended health coverage, including an annual health spending account, after three (3) months, as well as co-pay dental and an RRSP matching program after six (6) months. This support helps employees stay healthy, focused, and confident.
- **Flexibility and support.** We prioritize the growth and development of our team. Our collaborative environment encourages learning, skill-building, and taking initiative, empowering you to make a meaningful impact every day.
- **A culture of belonging.** We value your unique strengths and perspectives. By celebrating diversity and fostering inclusion, we create a workplace where everyone can contribute fully and feel empowered to succeed.

CLOSING DATE

Until a suitable candidate is found.

HOW TO APPLY

Please apply through our online recruitment platform at www.caryacalgary.ca. Create an account to upload your resume and cover letter (PDF preferred). Please note that applications submitted without a cover letter



800-1000 7 Avenue S.W., Calgary, AB, T2P 5L5
CaryaCalgary.ca

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will not be considered. We appreciate all expressions of interest, however only candidates selected for an interview will be contacted.

Equal Employment Opportunities, Requesting an Accommodation, and Other Employment Statements

Carya is deeply committed to building a workplace where inclusion is not only valued but prioritized. We are proud to be an equal-opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neurodiversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

Carya is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact People & Culture by email at HR@caryacalgary.ca in advance of your interview.

The successful candidate must satisfactorily complete a Police Information Check (with Vulnerable Sector Search). Carya will provide a digital voucher for the successful candidate within city limits or reimburse the cost for those living outside city limits.

